

Freedom Run 2022



Age divisions: 15 & Under, 16 - 25, 26 - 35, 36 - 45, 46 - 55, and 56+

Date: July/04/2022

Time: 15k - 7:00am 5k - 7:30am

Registration deadline: June 13th

Entry Fees: \$25

Early entrants will receive a commemorative T-shirt

Awards will be given to the top 3 runners in each age division and the top Male/Female runners in each race. *must be present to receive award*

Course: 15k Runners & 5k Runners/Walkers will cover flat land between Lyons & Sterling along Highway 96/14.

15k begins at Lyons High school and 5k begins 2 miles North of Sterling at "Alden Road." Both races end at the Sterling Lake entrance. Traffic will not be stopped along the highway. The course will be patrolled by local law enforcement.

Name	Gender	Age	5k or 15k	t-shirt size	Email

Cash: _____ **Check:** _____

Card # _____ **CVV** _____

Expiration Date _____ **Total** _____

Name on card _____

Register online at Lyonsrec.org | Mail: LRC; PO box 407 | Dropbox: 1201 S St. John